

Extra-Curricular Activity: The Chain of Respect

Description of educational activity:

THEME: The week of Respect: to encourage students understand each other and appreciate their differences.

Duration: 5 days (in class or extra-class periods; to be decided by teacher)

Pupils' age: 8-11

Organisation of the class: groups

Pupils' tasks: All classes, with the teachers' assistance, will create throughout the week a chain with a positive message or word to be written on each link using various colored strips of construction paper. Several links can be added to the chain representing these positive messages, behaviours, and actions.

Evaluation and assessment method: The activity will be assessed on the basis of the quality of the messages on how combat and prevent bullying. At the end of the teamwork the students will have learnt key points on how to prevent and combat bullying. On Friday/Saturday (open school day) all classrooms will form one huge chain representing the school. The Chain of respect represents the message that while a single person can speak out against bullying, together the message is much stronger. On the same day it could be nice to arrange a two-hour workshop for parents/guardians to help them significantly improve their interaction and communication with their children.

This workshop will equip parents/guardians with knowledge and skills to respond effectively when they or their children witness or hear about mistreatment. Through a series of hands-on activities, parents will learn how to use communication skills and strategies to encourage their children to talk with them about difficult issues. **ComBuS toolkit** material can be sued to show parents how to work with school leaders to increase the safety of all children. Workshop Participants will:

- learn about bullying
- understand basic principles of children development
- gain knowledge and skills for communicating and intervening effectively
- strengthen parent-child communication through
- "relational" power and skills
- practice skills and receive coaching and feedback



Combat Bullying	
ComBuS	Га

Tags:	Causes of Bullying, Bullying related to Race or Ethnicity, including Religion and Belief, Bullying based on Disability	
Objectives:	This activity intends to enable students to: 1. Identify bullying and its consequence 2. Promote inclusion 3. Be respectful and friendly	
Material:	Paper, Felt pens, Book and Video	
Notes for the teacher:	To stimulate pupils' creativity the teacher can read passages from books or showing a video.	
Recommendations for additional activities:	A free video from the YouTube can be shown to make the subjects clearer.	