## Lesson Plan: Movies and Messages about Bullying

| Duration: | 2-3 teaching periods (60 minutes each) |
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| Summary <br> Description: | Introduction: As long as there have been films about <br> children and teens, bullying has been depicted on screen <br> and it's relatively rare for a movie to show how or even <br> whether, a case of bullying is resolved. Also rare are <br> depictions of positive actions on the part of peers to support <br> the target of bullying. Teachers and students are invited to <br> consider the message that these scenes send and their <br> possible impact on their audience. |

Pupils' age: 9-12
Organisation of the class: Individuals and class-as-awhole.
2-3 teaching periods depending on the running time of the film/TV show
This lesson is aimed to help children to critically evaluate the movie messages and to foster discussion. It can be connected to different subjects such as: Art, Language, History and Laboratory.

## Teacher's task:

Step one: The teacher will choose one movie or TV show from the suggested list below taking into account his/her students' age and taste.

- Billy Eliot
- Ero cattivo (in Italian only)
- The Lord of flies
- The Fat Boy Chronicles
- Bully
- The Avengers
- Ben 10 Alien Force
- Cyberbully
- Hercules
- Jimmy Neutron
- Justice League Unlimited
- Spy Kids
- The War
- Karate Kid

Step two: The teacher will watch the film in its entirety before showing and/or discussing it in class. S/he will fully understand the movie's take on bullying, screen content for appropriateness, select relevant scenes, and locate the time points during the movie when these scenes appear.

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S/he needs to plan in advance the amount of class time s/he can devote to showing clips, and select/time those clips accordingly.

Step three: The teacher will prepare a questionnaire to make students reflect about acts of bullying, whether (and how) the characters addressed the problem. To save time, teacher can give students the homework assignment of answering the questions, then coming into class prepared to discuss their answers.

Tags: $\quad$ They depend on the chosen movie:

- Raising awareness on bullying
- Causes of bullying
- Types of bullying
- Cyberbullying
- Roles in bullying.
- Prevention, response and denounce
Aim: $\quad$ The aim of this lesson plan is to raise awareness on bullying and teach young people to examine the messages communicated by movies. They will gain the media literacy skills needed for them to become thoughtful media consumers by receiving useful tips on how combat and prevent bullying.

This lesson intends to enable students to:

1. Identify, explain, describe, bullying episodes
2. Understand the causes of bullying
3. Encourage resilience and respect
4. Become thoughtful media consumers
5. Work in team for a common goal

Learning
outcomes:

Material:

With the completion of the lesson, students will be able to:

1. Resolve issues students experience with other children and not resort to bullying.
2. Understand in a proper way messages conveyed by media.
3. Empower themselves to combat and prevent bullying.

Projector, paper, pens and a white board where the teacher can collect students' answers and suggestions.

Activities
Activity $1 \quad$ Introductory Discussion (30-60 minutes)
Give a short introduction on bullying referring to students in accordance to what they are going to see in the chosen

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film.

| Activity 2 | film. <br> Attract students' attention on selected relevant scenes. |
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| Activity 3 film or TV show (60-90 minutes) |  |
| Answer the questionnaire in class or at home. |  |
| Individually (20 minutes) |  |

Evaluation Activity

Class Discussion (25-60 minutes)
Students, after they have examined the film through the questionnaire, will discuss its acts of bullying and whether (and how) the characters addressed the problem. They will generate possible alternative actions on the part of the target of bullying, as well as adults and peers.

Possible questions in accordance to the chosen movie:

- How closely did the movie match real life?
- Did the bullying stop? If so, how was the situation resolved, and what message does that send? If no, what could have been done?
- Did adults know about the bullying? If so, did they help?
- Did peers know about the bullying? If so, did they help?
- Were any of the "helpful bystander or adult actions" depicted?
- Is physically attacking a bully a good method for stopping bullying?
- Why do you think none of the bystanders intervened?
- In what ways was the bullied movie character isolated from others? How does s/he feel to be isolated, and what can we do to make sure that students don't feel isolated in our school?
- Name some aspects of this movie that are examples of what not to do when it comes to addressing bullying.
- If we see or hear about a peer being bullied, what are some things we can do that will really help the person?


