

Annex 4: Worksheet

Task 1:

Carefully read the text below and identify what kinds of bullying it describes.

"My first few years of high school were torture. If it wasn't bad enough being new to the school certain people went out of their way to make it worse. There were a few people who used to write nasty notes, follow us home and make prank calls. This one particular bully used to harass my younger sister who was 10 years old at the time. It only happened when I was not there. It wasn't long until the bully started with me. After going to see the counselor to talk about it, and to complain, they said they would speak to the people involved. Nothing changed. I took it to the principal and, surprise, nothing changed until in class, one time the bully hit me and grabbed my hand, almost crushing it. She then looked at me and said "you're as easy to hurt as your sister".

Task 2:

For each question below, choose the correct answer and tick off in the afferent box:

- a) 'Gossiping' is bullying?
☐ Yes ☐ No
- b) Is bullying always carried out by a group?
☐ Yes ☐ No
- c) Are the bullies more popular than their allegedly less-cool classmates?
☐ Yes ☐ No
- d) Should a bullied child speak to someone (peer, parent, friend, teacher)?
☐ Yes ☐ No
- e) Can bullying just be solved by apologising?
☐ Yes ☐ No

Solutions (for teacher only):

a	yes
b	no
c	yes
d	yes
e	no