

## Extra-Curricular Activity: Anti-Bullying T-Shirt Design

<p><b>Description of educational activity:</b></p>	<p>This activity is about pupils designing a T-Shirt in order to raise awareness on bullying. During this activity students will work together at a classroom level in order to develop a design that will send a strong message against bullying. They will need to collaborate and choose among many suggestions in order to design something creative that will strongly send an anti-bullying message to others. The design will be presented to an exhibition that will take place for the whole school.</p> <p>The steps of this whole-school activity are the following: At first, teachers in each classroom will have to present the theme “Bullying” in their classrooms. During this presentation all aspects of bullying will be covered (what is bullying, which are the types and consequences of bullying, how can we prevent bullying etc.). After the presentation, the teacher will hold conversations by letting students express their ideas and thoughts about bullying. He/She will draw on the board a circle and inside the circle he/she will write the following sentence “STOP BULLYING”. Afterwards, the teacher will ask students to brainstorm their ideas and suggestions on what students can do to prevent bullying. These ideas will serve as the basis for the next part of the activity which will be the design of the T-Shirt. Next, the teacher will prompt students to use the MS Paint program in order to design a T-Shirt. They will be asked to draw ideas from what it is written on the board. In this regard, students can choose between a graph, an image, words and slogans and any other element they want to include. After students complete their designs, they will save their work. The teacher will print the students’ design on a T-Shirt. All classes will present their T-Shirts to an exhibition at their school and the students will vote for the 1<sup>st</sup> prize.</p>
<p><b>Tags:</b></p>	<p>Anti-Bullying Design, Stop Bullying, Messages Against Bullying, Meaning, Types and Consequences of Bullying</p>
<p><b>Objectives:</b></p>	<p>This activity intends to enable students to:</p> <ol style="list-style-type: none"> <li>1. Understand the concept of bullying (types, consequences).</li> <li>2. Express their ideas about the prevention of bullying.</li> <li>3. Collaborate in order to send a strong message against bullying.</li> <li>4. Express themselves through art.</li> </ol>
<p><b>Material:</b></p>	<p>Blackboard, MS Paint</p>



<b>Notes for the teacher:</b>	The teacher can present the concept of bullying through the use of ppts in order for the information to be visual. This can help the students to form ideas on how to design their T-Shirt and what message to send to their peers.
<b>Recommendations for additional activities:</b>	Students can create a video where they can discuss and explain what was in their minds when they were developing this particular design and how they experienced this process. This video can be placed on the school's website.

