

Anti-Bullying Reading List: Spanish Books

Book 1

| Book: | Country: Spain – Belgium Language(s): Spanish and English Title: Rojo o por qué el bullying no es divertido – Red or why bullying is not fun Author: Jan De Kinder Illustrator: Jan De Kinder Publisher: Tramuntana Editorial ISBN: 9788494166228 Target audience age: 6-8 |
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| Tags: | Causes of Bullying, Effects/Consequences of Bullying (Emotional/Psychological, Physical, Social), Actors Involved in Bullying and Their Role, Warning Signs in Victims, Support to Victims, Resilience Techniques, Encouraging Bystanders to Report, Self-esteem |
| Cover image: | |
| | ROJO O POR QUÉ EL BULLYING NO ES DIVERTIDO |
| Availability: | Print only: |
| , | http://www.boolino.es/es/libros-cuentos/rojo-o-porque-el- bullying-no-es-divertido/ |
| Retelling: | A story of a bullying episode seen from the point of view of the actors where Tomas, is a boy who blushes easily. That involuntary physical reaction lead to some of their classmates laughing. The situation became worse and Maria, even though she was one of the bullies, decided to |

Supported by the Rights, Equality and Citizenship (REC)Programme of the European Union



This publication has been produced with the financial support of the Rights, Equality and Citizenship (REC) Programme of the European Union. The contents of this publication are the sole responsibility of CARDET and its Partners and can in no way be taken to reflect the views of the European Commission.

| | report the situation but feared of Pablo's reaction and did not know how to manage the situation. |
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| Commentary regarding the story's connection to combating school bullying: | One of the most valuable features of the story is that it shows all the steps of bullying from the very beginning until the end; from the point of view of the actors involved; that is to say, in first person, trying to show the reader the feelings and fears that they have to face during such conflict allowing children to identify themselves with the actors involved and reflect their role in this phenomenon. Also, the story underlines the key role of the witnesses and the need of reporting about bullying incidents describing how to give a step further and the importance of a culture against bullying and the union of the group. |
| Suggestions to teachers on how to use this book to address issues of school bullying: | To identify actors involved in the bullying incident and their role. To analyse feelings and fears of each of the actors involved in the situation. To describe the behaviours that created the bullying episode and those that helped to solve it and raised awareness against bullying. |
| Are there any pedagogical materials already developed to explore the book? If yes, which? | No |



Book 2

| Book: | Country: Spain Language(s): Spanish Title: Magdalenas con problemas - Cupcakes with problems Author: Ana Bergua Vilalta Illustrator: Carme Sala Villaplana Publisher: Proteus Libros y Servicios Editoriales ISBN: 9788415549475 Target audience age: 8-11 |
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| Tags: | Causes of Bullying, Effects/Consequences of Bullying (Emotional/Psychological, Physical, Social, School Performance Consequences), Warning Signs in Victims, Support to Victims through Friends and Family Involvement, Resilience Techniques (coping with Fear, Self-esteem, Assertiveness, etc.) and Personal Development. |
| Cover image: | Magdalenas con problemas Ana Bergua Vilalta Ilustraciones de Carme Sala Villaplana Para wener Acceptation of the Carme Sal |
| Availability: | Print only: http://www.boolino.es/es/libros-cuentos/magdalenas-con- problemas/ Preview: https://issuu.com/ed_proteus/docs/magdalenas_con_problemas |
| Retelling: | The book tells the story of Pablo, a ten-year-old tall and introverted boy who has recently moved to a new school where three older boys tease him all the time and how the situation turns into a serious problem when he starts to feel depressed and starts receiving low marks at school. The friendship of Edu and the support of his family (above all, his mother) allow him to, step by step, discover some clues to overcome the problem, namely to stay open to those who love him, learn to boost his self-esteem and be brave enough to face |



| | the situation. |
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| Commentary regarding the story's connection to combating school bullying: | The story deals with many essential points of bullying (see tags) but its main purpose is to raise awareness in children about the need to ask for help to the nearest adults, whether parents or teachers, in order not to feel alone making sure that the problem is solved. It also offers several examples of how schoolmates and family can support victims by increasing their resilience skills. |
| Suggestions to teachers on how to use this book to address issues of school bullying: | To identify actors involved in the bullying incident and their role. To discuss about the behaviour of all the actors involved in the incident using critical thinking and providing arguments to support the different opinions involved. To provide children and parents with examples of how to support bullying victims. |
| Are there any pedagogical materials already developed to | No |

explore the book? If yes, which?